





THEME: Showcasing Excellence Across All Fields of Physiatry In India

11-14 February, 2026



Pre Event Brochure





Welcome to Kochi

The Queen of Arabian Sea

The "Gateway of Kerala," Kochi offers a blend of historical charm, vibrant culture, and natural beauty. Explore Fort Kochi's colonial architecture, experience the unique Chinese fishing nets, and enjoy the delicious flavors of Kerala cuisine.

From the bustling markets to the tranquil backwaters,

Kochi promises an unforgettable journey.

Join us in Kochi for a conference experience that combines meaningful conversations with the unique warmth and natural beauty of Kerala—where professional growth meets cultural richness.



About the Event

Welcome to the IAPMRCON2026!

The 54th Annual Conference of the Indian Association of Physical Medicine and Rehabilitation (IAPMR) will be hosted by the Kerala Chapter of IAPMR (Indian Association of Physical Medicine and Rehabilitation). The annual conference will bring to light both established and advanced rehabilitation management protocols in a variety of disorders. The pre-conference workshops conducted by experienced faculty are diverse. The scientific program will consist of lectures on a broad range of topics of interest to rehabilitation physicians, paper presentation and discussions which aim to enhance our understanding of rehabilitation and promote collaboration.

The organising team takes immense pleasure in welcoming all delegates to Kochi.



11th February 2026 - Pre Conference Workshop 12th - 14th February 2026 - Main Conference

www.iapmrcon2026.com



About the Organiser

Indian Association of Physical Medicine and Rehabilitation

Indian Association of Physical Medicine and Rehabilitation that is IAPMR, is an apex body of medical doctors having a specialization in Physical Medicine and Rehabilitation (PMR). As an association, it has played a major role in providing PMR related medical education in the form of CME, Workshops, fellowships and national conferences to the physiatrists of country. IAPMR has contributed immensely to the formulation of various government policies, rules and regulations for the disabled population of the country.

The association was formed way back on 14th April 1972 in New Delhi. The association was founded as a professional Society of physicians and surgeons to diagnose treat and rehabilitate patients with illness and physical disabilities.



Kerala Chapter of IAPMR

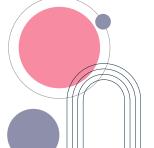
The Kerala Chapter of the Indian Association of Physical Medicine and Rehabilitation (IAPMR) is a registered organization of Physiatrists dedicated to the field of Physical Medicine and Rehabilitation (PMR) in Kerala. Our association comprises Modern Medicine doctors who have specialized in PMR through postgraduate qualifications. We are committed to advancing the specialty through education, research and advocacy, ensuring the best possible care and rehabilitation for patients with musculoskeletal ailments and locomotor disabilities.





Dr. Azad MoopenChairman, Aster DM Healthcare

Azad Moopen is an Indian healthcare entrepreneur. He is the developer of many healthcare facilities in Asia-Pacific. He is also the chairman and managing director of Aster DM Healthcare, a healthcare conglomerate in the Middle East and India founded in 1987. Starting with a single-doctor clinic in Dubai in 1987, Aster DM Healthcare grew into a global healthcare conglomerate of more than 377 facilities spread across eight countries in a span of 34 years.



Aster DM Healthcare is one of the largest integrated healthcare service providers in the GCC and India. Along with providing medical care to millions across many countries, Aster DM Healthcare now provides direct employment to more than 20,500 people which includes approximately 2,998 doctors and counting.

Organising Committee

Meet the Organising Committee of IAPMR 2026



Dr. K M Mathew President

Senior Consultant -Physical Medicine & Rehabilitation, Aster Medcity, Kochi



Dr. Sasikumar N Secretary

Senior Consultant -Kumar Centre For Stroke And Neuro Rehabilitation, Kochi



Dr. Ravi Sankaran
Chairman
Scientific Committee
Clinical Professor &
Head of Dept. Physical Medicine and
Rehabilitation



Dr. Rajesh. B. Nair

Treasurer

Senior Consultant Intervention Rehabilitation & Pain Physician Rajagiri Hospitals & Nalanda Care



Dr. Muralidharan P C

Prof. Dept. of PMR Govt. Medical College, Kozhikode



Dr. Selvan P
State President - IAPMR

Prof. Dept. of PMR Govt. Medical College Trivandrum

Organising Committee

IAPMR Office Bearers

Dr. Sanjay Pandey IAPMR Vice President

Dr. Harshanad PopalwarIAPMR Secretary

Dr. C. ChetanIAPMR Treasurer

Dr. Selvan PIAPMR Kerala President

Scientific Committee - Members

Dr. AK Joy Singh

Dr. Sanjay Pandey

Dr. Abhishek Srivastava

Dr. S Y Kothari

Executive Committee - IAPMRCON 2026

Dr. Santhosh Raghavan

Dr. Sreedevi Menon

Dr. Sreejith K

Dr. Sooraj Rajagopal

Dr. Zachariah T Zacharia

Dr. Sreeja K S

Dr. Shigy Fransis

Dr. Charvakan

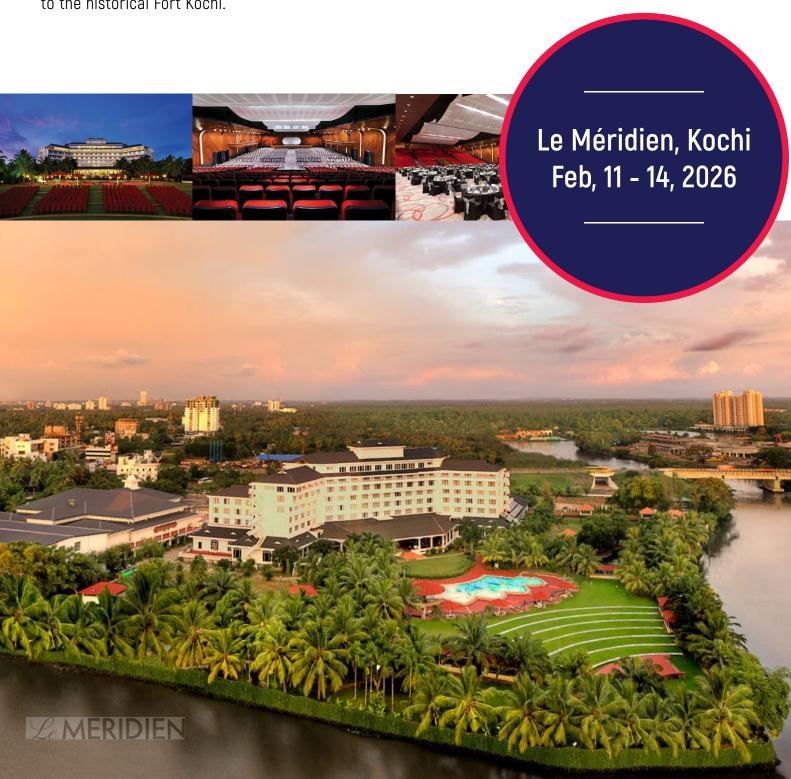




The Venue

Le Méridien, Kochi

Spread over 18 acres and enveloped on two sides with tranquil backwaters, Le Méridien Kochi majestically enthrones herself at the heart of the Arabian queen, Kochi. The hotel features 223 spacious, guest rooms and suites overlooking the backwaters. The Hotel has 14 banqueting and event venues totaling 65,000 sq ft, with venue capacities varying from 8 to 2,500 guests, thus making Le Méridien Kochi the unparalleled Convention Destination of Kerala. The Hotel is 6 km from the city centre and equally close to the historical Fort Kochi.



Registration

Tariffs for Delegates, Students & Companions

The tariff for registering the IAPMRCON2026 is scheduled in three categories for IAPMR members, PG Students and International Delegates. The detailed tariffs are as follows.

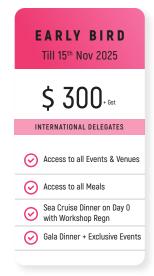
CONFERENCE REGISTRATION TARIFF













Workshop Regn Only for Students Registered Price - ₹6000/-



Once registration is over, registered persons can download our app from the play store or apple store and install it to their mobile devices. All future communications will be through this app.

All academic sessions are handled by eminent faculties who have done their research on that particular topic and published it. All sessions are focused on real practical experiences than teXt book knowledge.

Conference Layout

In A Glance

The annual conference will bring to light both established and advanced rehabilitation management protocols in a variety of disorders. The pre-conference workshops conducted by experienced faculty are diverse. The scientific program will consist of lectures on a broad range of topics of interest to rehabilitation physicians, paper presentation and discussions which aim to enhance our understanding of rehabilitation and promote collaboration.

CONFERENCE LAYOUT



9.00 AM - 3.00 PM 4.00 PM ONWARDS Pre conference workshop Sea Cruise & Dinner

LEBRUARY | 2026

8.00 AM - 8.30 AM 8.30 AM - 1.00 PM 1.00 PM - 1.30 PM 1.30 PM - 5.30 PM 6.00 PM - 7.00 PM 7.30 PM ONWARDS Conference Registration
Academic Sessions
Lunch
Academic Sessions
Inauguration Ceremony
Gala Dinner + Kerala Showcase + Band Show



8.30 AM - 1.00 PM 1.00 PM - 1.30 PM 1.30 PM - 4.30 PM 4.30 PM - 6.30 PM 7.30 PM ONWARDS Academic Sessions Lunch Academic Sessions General Body Meeting Gala Dinner + Valentine's Day Events + DJ Night



8.30 AM - 12.00 PM 12.00 PM - 12.45 PM 1.00 PM ONWARDS Academic Sessions Quiz Session Closing ceremony and Lunch

The Conference, Academic Sessions, Competitions and the Gala Dinner is spread across 5 Different spaces in the International Convention Centre at Le Méridien, Kochi. Experience the true benchmark event in the history of IAPMRCON!

Pre-conference Workshop Schedule

Day - 0 (Preconference workshop) -- 11/02/2026

Pre conference workshops will be conducted on 11/02/2026 at three locations in and around Kochi. Those who have registered for the IAPMRCON 2026 can apply for the workshops. All workshops start at 9.00 am and ends by 3.00 pm. Lunch and high tea will be provided at the venue. Transportation will be provided from designated locations to the venue at 8.00 am and will be returned at 3 pm. All workshops are designed to provide hands on experience; hence the seats are limited. There will be a free cruise dinner and entertainments in the afternoon.

Venues of Pre-conference Workshops



Aster Medcity, Kochi

Aster Medicity is one of South India's largest, most advanced multi-specialty hospitals, offering cutting-edge medical care and personalized treatment with world-class technology. Located along the serene Cheranalloor waterfront, it serves as a global healthcare destination.





Kumar International Specialty Centre for Back and Neck Pain

Kumar Hospital for Pain and Neurocare is a specialized center dedicated to the management of pain and neurological disorders. It offers comprehensive diagnosis and advanced treatment under expert medical guidance, focusing on improving patient quality of life.





Amrita Institute of Medical Sciences, Kochi

Amrita Institute of Medical Sciences (AIMS) is a premier super-specialty teaching hospital known for excellence in patient care, medical research, and education. It combines advanced medical technology with compassionate service and is recognized internationally for its quality and innovation in healthcare.



Pre-conference Workshop Schedule

Day - 0 (Preconference workshop) -- 11/02/2026

SI No	Workshop Topic	Resource Persons	Venue	Total Seats
1	Prolotherapy	Dr. Dean Reeves Dr. Sasikumar N Panicker Dr. Unnikrishnan R	Kumar International Specialty Centre for Back and Neck Pain	15
2	NCS/EMG	Dr. Santhosh K Raghavan Dr. Biju Gopinad Dr. Padmakumar	Kumar International Specialty Centre for Back and Neck Pain	15
3	Sono anatomy and Diagnostic USG in PMR	Dr. Shehadad K Dr. Nithesh Gonade Dr. Raj Kumar	Aster Medcity, Kochi	15
4	Developing a Quality Improvement Project in medicine	Dr. Venugopal Kochiyil	Aster Medcity, Kochi	15
5	Systematic Reviews and Meta analysis	Dr. Partha Haldar	Aster Medcity, Kochi	15
6	Botox Injections in Spasticity	Dr. Karthik Mani Dr. Abhishek Srivasthava	Aster Medcity, Kochi	15
7	Tetraplegic hand Surgeries in Rehabilitation	Dr. Carina Reinholdt & Team	Amrita Institute of Medical Sciences, Kochi	15
8	Lower limb surgeries in Rehabilitation	Dr. Anil Gaur Dr. Pabitra Sahoo Dr. A K Joy Singh	Amrita Institute of Medical Sciences, Kochi	15
9	Advanced Interventions Under USG Guidance	Dr. Sreejith K Dr. Navita Vyas Dr. Sajeev Sharma	Amrita Institute of Medical Sciences, Kochi	15
10	Posture and Ergonomics in Rehabilitation	Dr. Feroz Khan Dr. Sunder S Dr. Ravi Sankaran	Amrita Institute of Medical Sciences, Kochi	15

Key Note Speakers

Here is a glimpse of our keynote speakers for the event.



Dr. Pradeep Thumbikat

MBBS, MS, MSc (Orth Eng), FRCS (Glasg)

Honorary Senior Lecturer, Sheffield University

Dr. Pradeep is a Consultant Surgeon in Spinal Cord Injury Rehabilitation at STEPS Rehabilitation and the Princess Royal Spinal Injuries Centre, which is based at the Northern General Hospital, a part of the Sheffield Teaching Hospitals Trust. His work encompasses all aspects of spinal cord injury management. Areas of special interest include surgical management of pressure ulcers and management of the tetraplegic upper limb. He started his career in orthopaedic surgery but moved sideways into the management of spinal cord injury and spinal cord injury rehabilitation in the early noughties. During his period of training as a registrar, he did a fellowship at the Vancouver General Hospital and a further short period at the Christian Medical college in India, to gain a wider perspective on the management of spinal cord injury around the world.



Dr. Ram Hariharan

Consultant in Spinal Injuries at the Princess Royal Spinal Injury Centre (PRSIC), Northern General Hospital, Sheffield

Dr. Hariharan specialises in rehabilitation medicine. The PRSIC rehabilitation team are highly specialised and experienced in their care and management of SCI patients and practice a realistic and holistic approach to both rehabilitation and resettlement. They work in close collaboration with SIA's Support Network Officer, and Dr. Hariharan has met with key SIA staff to progress the ongoing relationship between SIA and the Centre. Dr. Hariharan has significant research experience in the field of SCI, and has published a number of articles and presentations in this field. He brings a wealth of clinical experience to SIA's Governing Council and fully appreciates the vital role played by SIA in Spinal Cord Injury Centres.



Dr. Abhishek Srivasthava

Director, Centre for Physical Medicine and Rehabilitation Consultant in Rehabilitation Medicine, Neuro rehabilitation Specialis)

I am a person Taking up Rehabilitation Medicine for my Post graduation in itself is a reflection of compassion and devotion as I deal with differently abled persons and my relationship with my patients is lifelong and it needs commitment. Doing further advance training in Neurological Rehabilitation and further specialization in Management of patients with Disorders of Consciousness, Rehab Robotics and Hyperbaric Oxygen Therapy; I have tried to reduce suffering and improve Quality of Life of patients suffering with disorders of consciousness due to brain injury and stroke. Being Director of the Rehab Services, I always work with positive attitude, empathy and patience to contribute towards a good, healthy work environment and a motivated team for the upliftment of patient's outcome.



Dr. Carina Reinhault

Senior consultant in hand surgery and HOD, Hand Surgery at The Center for Advanced Reconstruction of Extremities, Sahlgrenska University Hospital, Sweden

As senior surgeon in advanced reconstructive hand surgery, the field for research is to further improve surgical procedures and concepts for patients with complex hand and arm injuries, paralysis, spasticity, stroke or spinal cord injury. The main field is innovation and development of tetrahand surgery with combinated nerve and tendon transfers and spasticity-correcting surgery, where the strategy is chosen by previous treatment, remaining hand function and cognitive ability.



Dr. Matthew Bartel

Professor, Physical Medicine and Rehabilitation, Albert Einstein College of Medicine, USA.

Dr. Bartels received his MD and MPH degrees from Columbia University College of Physicians & Surgeons and completed an internship and internal medicine and rehabilitation residencies at New York-Presbyterian/Columbia University Medical Center in New York. Over the years, Dr. Bartels has also been recognized for his commitment to educating future physicians, including those outside of his specialty of rehabilitation medicine. While at Columbia, he served as a clinical mentor to two first-year medical students each year and coordinated research teaching for the Rehabilitation residents. He also participated in lecture series events for fellows in the areas of Cardiology and Pulmonary Medicine, sharing the rehabilitation perspective for each specialty.



Dr. Deen Reeves

Physical medicine and Rehabilitation specialist from Kansas City, USA

Dr. K. Dean Reeves is a physiatrist (specialist in physical medicine and rehabilitation) in the Kansas City area known for his work in regenerative medicine. He is a proponent and leading researcher of prolotherapy, an injection-based treatment used to relieve chronic musculoskeletal pain. Specialty: Physical Medicine and Rehabilitation, with a specialization in pain management using prolotherapy and other injection techniques Dr. Reeves has been in practice for over 20 years and previously served as the Director of Rehabilitation at Meadowbrook Rehab Hospital



Dr. Steven Faux

MBBSBA, FRACGP, FAFRM (RACP), FFPMANZCA
Specialties: Rehabilitation Medicine, Pain Medicine

Professor Faux is the Director of the Department of Pain Medicine and the inaugural director of Rehabilitation Medicine at St Vincent's Hospital (2000-2022), Sydney and a conjoint academic at the University of New South Wales and the University of Notre Dame. Doctors refer patients to him with chronic pain, arthritis, stroke, MS, parkinson's disease, long COVID, back and neck pain, joint replacements, fractures, difficulty walking, difficulty with self-care and incontinence. His research interests focus on the management of spasticity, trauma management, refugee health and stroke rehabilitation. Professor Faux established the Rehabilitation Unit at St Vincent's Hospital in 2000. In 2008 he took on the leadership of the Department of Pain Medicine and in 2023 together with A/Prof Byrne, he established and co-leads one of the first multidisciplinary long COVID clinics in Australia. In 2024 he was awarded a membership of the order of Australia (AM) for his service to rehabilitation medicine and medical research.



Dr. Maya R Therattil

Assistant Professor at Drexel University College of Medicine, USA

Dr. Maya Therattil is a Medical Educator and Physiatrist at Penn Medicine, Princeton Medical Center, NJ and is affiliated with multiple hospitals in the area, including St. Lawrence Rehabilitation Center and St. Mary Rehabilitation Hospital. She has served as the Pathway Director for PM&R at Drexel University College of Medicine and is passionate about mentoring medical students and other medical professionals in the field of Rehabilitation Medicine. She received her medical degree from St. John's Medical College and has been in practice for 25 years. She specializes in Neuro rehabilitation and Spinal Cord Injury Medicine.





Dr. Subramanya lyer
MS (Otorhinolaryngology), MCh (Plastic Surgery), FRCS Speciality:
Plastic and Reconstructive Surgery

Dr. Subramania lyer stands as a titan in the realm of surgical innovation and excellence. Having meticulously performed over 40,000+ major surgical procedures and more than 6,000+ free flap surgeries, his mastery in the field is undisputed. Dr. lyer's accolades include pioneering the first-hand transplants in the country and leading the centre with largest number of composite tissue allotransplants globally, a testament to his groundbreaking contributions. Dr. lyer's special interests lie in head and neck cancer surgery, secondary reconstruction, laryngeal reinnervation, and cutting-edge techniques like laser and robotic surgery, where he continues to push the boundaries of medical advancement. His contributions in field of medical training are pathbreaking with establishing the first three-year structured training programme in head and neck surgical oncology and India's first and only masters training programme in deglutology and swallowing therapy.



Dr. Suma BadhalExpert in Physical Medicine Rehabilitation, and Assistive technology for disabilities.

Dr. Suman Badhal has completed her MD in PMR at the age of 29 years from AIIMS New Delhi She is professor at, VMMC and Safdarjung hospital a tertiary care facility in New Delhi in India. She has published more than 26 papers in reputed journals and chapters in the books. She is editor and contributor for three books and has been serving as reviewer of reputed journals for rehabilitation medicine and Chairman of SIG of cardiac rehabilitation in IAPMR.



Dr. Venu KochiyilConsultant Rehabilitation and pain Physician, Adelaide, Australia

Dr. Kochiyil is a member of The Flinders Pain Group, which is the only multidisciplinary pain medicine group in private practice in South Australia. The Flinders Pain Group offers 'biopsychosocial' pain assessment, diagnosis and management for acute and chronic pain, for cancer patients and non-cancer patients. They welcome specific referrals for: facet joint denervation, epidural steroid block, spinal cord stimulators, intrathecal pump (including for spasticity) chemical lumbar sympathectomy and other specific nerve blocks for chronic pain.



Mr. Pranav Vempati
Founder and CEO of Makers Hive, Forbes 30 Under 30 Asia list

Mr. Pranav Vempati is a thought leader and global speaker known for his insightful contributions to the technology sector. As the Founder and CEO of Makers Hive, Pranav is dedicated to creating innovative technologies that are both advanced and accessible, with a strong commitment to driving positive social change. In 2018, Pranav founded Makers Hive with the mission to make cutting-edge technology accessible to everyone. The company's first product, Kalarm, is India's first and the world's most affordable bionic hand. This groundbreaking innovation has significantly improved the lives of many by providing a functional, cost-effective solution for individuals with limb loss. Pranav and Makers Hive have received several prestigious accolades, including Forbes 30 Under 30 Asia, Forbes Asia 100 to Watch, GQ India's 7 Most Influential Young Indians, and he was shortlisted for One Young World Entrepreneur of the Year Award.



Dr. Swatee Jena

Consultant Rehabilitation Medicine, Flinders Medical Centre, South Australia

Dr. Swatee Jena is a senior Consultant with a specialized focus on Cancer Rehabilitation. She is the clinical lead in development of Cancer Rehabilitation pathways at Flinders Medical Centre. Dr. Jena serves as the co-chair of the Advocacy sub-committee for Cancer Rehabilitation Special Interest Group with the International Society of Physical Medicine and Rehabilitation Medicine. She is involved with activities towards advancing awareness of Cancer Rehabilitation and its incorporation into comprehensive cancer care. Dr. Jena is actively involved with teaching and mentoring of Medical Students as a clinical lecturer and learning coach at Flinders University.



Dr. Pooja Mukul

Consultant & Physician on Locomotor Disability in the Developing World.

Dr. Pooja Mukul is an Indian rehabilitation medicine physician and Director of the Jaipur Foot Organization, a major provider of artificial limbs for people with disabilities. She is known for designing affordable, user-centric prosthetics, leading humanitarian missions to provide limbs in conflict-affected regions, and focusing on the unique needs of amputees in developing countries. Dr. Mukul has an M.D. in Rehabilitation Medicine, allowing her to cater to a range of musculoskeletal, paralytic and developmental pediatric disorders.



Dr. Ian BaguleyRehabilitation Physician OAM MBBS FAFRM (RACP)

Prof. Baguley is a Consultant Physician in Rehabilitation Medicine. His areas of special interest are Neurological Rehabilitation, Spasticity Management, Orthopaedic Rehabilitation. He has published over 70 original articles in peer-reviewed journals. Prof. Baguley is a regularly invited speaker at national and international scientific meetings.



The Benchmark

IAPMRCON 2026, 12 - 14 February | 2026

From Day – 0 (Pre conference workshop) onwards, all evenings are packed with cultural events, food and beverages. Apart from that the accompanying persons will be given guided tour to Kochi – Muziris Biennale, Duch heritages, beaches, shopping destinations and a lavish lunch in a hybrid air-conditioned boat on Vembanad Lake.



Prize Money

First time in the history of IAPMRCON with an exclusive Prize Money of Rs.5,15,000/-

An additional exclusive one time gift of Rs. 50,000 for the first prize winners, Rs. 30,000 for the second prize winners and Rs. 20,000 for the third prize winners of different competitions held as part of the conference along with a surprise gift for the best couple dancers on 13th February eve.

Event Podcast

A unique podcast table for those who wish to share something on Physical Medicine and Rehabilitation will be arranged at conference venue.

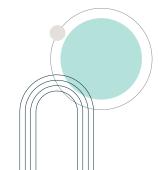




Dedicated Event App

Get interactive and organised with our dedicated event app to schedule your programs, build networking, meet the exhibitors & sponsors, download your gallery and lot more.

There will be one day charity event at Kochi to spread awareness about Physical Medicine ad Rehabilitation among public. This will be happening in the month of January, in association with road safety awareness, with public participation.



Quick LinksIAPMRCON 2026

Hello Delgates Here are the quick links for your convenience.







For Delegate Assistance and Support

Call: +91 97 465 999 23

Whatsapp: +91 97 465 999 23

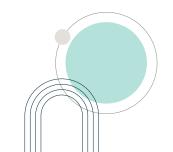
Email: event@iapmrcon2026.com

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The Conference Manager

Anquist Business Consulting Pvt Ltd

Anquist is a business turn around service agency specialized in crafting and activating brands through strategic storytelling, design, and marketing.

An unprecedented level of change and require a new thinking and transformative approaches. From purpose to product, brand to experience, customers to operations, we bring in the insight, sustained and expertise needed to reveal and realize transformative opportunities.

Our mode of operations are distinctive from that of other consultancies in terms of blending creativity, data and technology with an optimistic yet pragmatic approach to help our clients not just transform, but thrive. Our unique team work in a collaborative, multidisciplinary way to bridge the gap between strategy and execution.

Unique experiences are a reflection of your brand, and experiences give the opportunity to leave a lasting and impactful impression on those who experience your brand.

And this is what we do!!









Corp. Office

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AN EVENT AS BENCHMARK!!





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Join us in Kochi for a conference experience that combines meaningful conversations with the unique warmth and natural beauty of Kerala-where professional growth meets cultural richness.