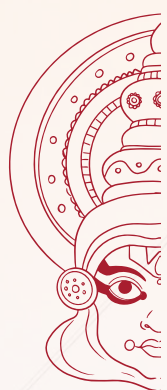




Kerala Chapter
Presents



IAPMR CON 26

Feb 11-14
2026
KOCHI



54th Annual Conference of

Indian Association of Physical Medicine and Rehabilitation

THEME: Showcasing Excellence Across All Fields of Physiatry In India

11- 14 February, 2026



Pre Event Brochure

54th Annual Conference of
Indian Association of
Physical Medicine and Rehabilitation



www.iapmrcon2026.com

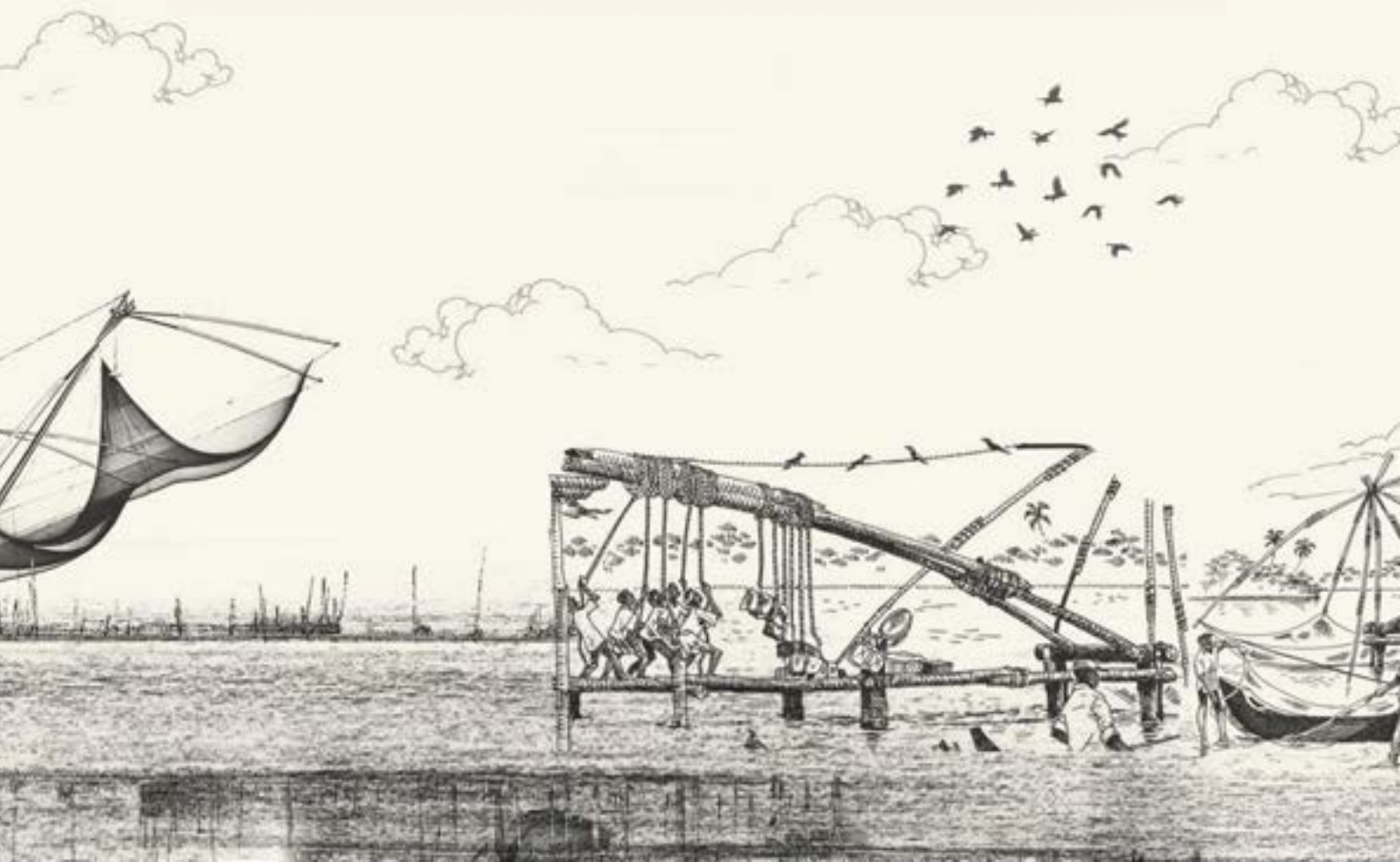
Welcome to Kochi

The Queen of Arabian Sea

The "Gateway of Kerala," Kochi offers a blend of historical charm, vibrant culture, and natural beauty. Explore Fort Kochi's colonial architecture, experience the unique Chinese fishing nets, and enjoy the delicious flavors of Kerala cuisine.

From the bustling markets to the tranquil backwaters, Kochi promises an unforgettable journey.

Join us in Kochi for a conference experience that combines meaningful conversations with the unique warmth and natural beauty of Kerala—where professional growth meets cultural richness.



About the Event

Welcome to the IAPMRCON2026!

The 54th Annual Conference of the Indian Association of Physical Medicine and Rehabilitation (IAPMR) will be hosted by the Kerala Chapter of IAPMR (Indian Association of Physical Medicine and Rehabilitation). The annual conference will bring to light both established and advanced rehabilitation management protocols in a variety of disorders. The pre-conference workshops conducted by experienced faculty are diverse. The scientific program will consist of lectures on a broad range of topics of interest to rehabilitation physicians, paper presentation and discussions which aim to enhance our understanding of rehabilitation and promote collaboration.

The organising team takes immense pleasure in welcoming all delegates to Kochi.



11th February 2026 - Pre Conference Workshop

12th - 14th February 2026 - Main Conference

www.iapmrcon2026.com



Letter From the Organising Chairman



Dr. K M Mathew

Organising Chairman

Senior Consultant – Physical
Medicine & Rehabilitation,
Aster Medcity, Kochi

On behalf of the IAPMR Kerala Chapter, the Organizing Committee takes great pleasure in inviting you to the 54th National Conference of IAPMR, scheduled from 11th to 14th February 2026 at Kochi, the Queen of the Arabian Sea.

We are committed to making this conference a truly memorable one – not only with an enriching academic feast, but also with three days of unlimited fun and entertainment. Highlights include the world-renowned Kochi-Muziris Biennale, a cruise trip on the eve of the Pre-Conference Workshop, the natural beauty and cultural heritage of Kochi, and a special Valentine's Day celebration woven into the program.

We extend a warm and hearty welcome to all delegates, accompanying persons, and our valued sponsors. Together, let us make this conference an unforgettable experience – one that will set a new benchmark for our future gatherings.

We look forward to seeing you in Kochi!

Letter From the National President



Dr. Muralidharan P C

National President – IAPMR

Prof. Dept. of PMR
Govt. Medical College,
Kozhikode

The Kerala Chapter is hosting the 54th National Conference of IAPMR at Kochi in February 2026. I am delighted to note that the Organising team of the conference with Dr. K M Mathew and Dr. Sasikumar at the helm are striving to ensure a memorable experience in terms of academics, recreation and hospitality. This premier event will bring together leading experts world over, researchers, and practitioners in the field of Physical Medicine and Rehabilitation to share knowledge, exchange ideas, and showcase innovative practices.

The theme "Showcasing Excellence Across All Fields of Physiatry" encompasses all rehabilitation challenges in the field of Physiatry.

Join us as we:

- Celebrate excellence in Physiatry across various specialties
- Explore cutting-edge research and advancements in PMR
- Network with fellow professionals and experts
- Enhance our knowledge and skills in PMR

I have immense pleasure in welcoming you to Kochi for the conference. I am sure that the workshops, deliberations and interactions will provide a rich academic feast and the hospitality will set a new benchmark for IAPMR conferences.

Letter From the National Secretary



Dr. Harshanand J. Popalwar

National Secretary – IAPMR

Associate Professor

Dept. of PMR,

All India Institute of Medical Sciences, Nagpur

It gives me immense pride and joy to acknowledge the grand success of the upcoming National Conference of the Indian Association of Physical Medicine and Rehabilitation IAPMRCON2026, to be held in the vibrant city of Kochi, Kerala from 11.02.2026 to 14.02.2026.

This prestigious academic gathering brings together leading specialists, researchers, and young professionals from across the country as well as from the international forums united with the mission to advance the science and practice of Physical Medicine & Rehabilitation.

This year's conference focuses on innovation, holistic rehabilitation care, and strengthening multidisciplinary collaboration for improved patient outcomes.

The dedication and tireless efforts of the organizing committee, along with the enthusiastic participation of delegates and faculty, have laid a strong foundation for an inspiring and impactful event.

As we come together to share knowledge, celebrate achievements, and shape the future of rehabilitation medicine in India, I extend heartfelt gratitude to all contributors and supporters who have made this success possible.

Letter From the National Vice President



Dr. Sanjay Pandey

National Vice President – IAPMR

Head of Dept.

Physical Medicine and Rehabilitation

AIIMS Patna

On behalf of the Indian Association of Physical Medicine and Rehabilitation (IAPMR), it gives me great pleasure to invite you to participate in IAPMRCON 2026, the 54th Annual Conference of IAPMR, to be held at Le Méridien, Kochi. This flagship event will bring together over 700 delegates and more than 1000 participants, including eminent rehabilitation professionals, researchers, academicians, and clinicians from India and abroad, making it a milestone in the journey of IAPMR.

The scientific sessions are thoughtfully designed to present both established and emerging rehabilitation management protocols through lectures, workshops, and discussions led by leading experts in the field. This year's conference promises to offer an engaging academic experience combined with vibrant networking opportunities, interactive sessions, and knowledge exchange platforms that will benefit every participant.

We warmly welcome you to be a part of IAPMRCON 2026 and experience the synergy of learning, collaboration, and innovation in rehabilitation medicine. The organizing team is committed to ensuring an enriching and memorable experience for all delegates. We look forward to your participation and contribution in making this event a resounding success.

Letter From the State President



Dr. Selvan P

State President – IAPMR

Prof. Dept. of PMR
Govt. Medical College
Trivandrum

The Kerala Chapter of the Indian Association of Physical Medicine and Rehabilitation (IAPMR) is privileged to host the 54th Annual Conference of IAPMR (IAPMRCON 2026) at the iconic Le Méridien, Kochi. As a vibrant community of Physiatrists committed to advancing rehabilitation medicine, the Kerala Chapter has continuously contributed to professional education, clinical excellence, and multi disciplinary collaboration.

IAPMRCON 2026 will feature a blend of scientific excellence and interactive engagement. The pre-conference workshops by eminent national and international faculty will provide hands-on learning experiences. The main conference will include lectures, scientific paper sessions, panel discussions, and interactive segments to promote knowledge exchange and innovation in rehabilitation care.

We warmly invite you to join us in this prestigious event and be part of this remarkable journey in promoting rehabilitation medicine.

About the Organiser

Indian Association of Physical Medicine and Rehabilitation

Indian Association of Physical Medicine and Rehabilitation that is IAPMR, is an apex body of medical doctors having a specialization in Physical Medicine and Rehabilitation (PMR). As an association, it has played a major role in providing PMR related medical education in the form of CME, Workshops, fellowships and national conferences to the physiatrists of country. IAPMR has contributed immensely to the formulation of various government policies, rules and regulations for the disabled population of the country.

The association was formed way back on 14th April 1972 in New Delhi. The association was founded as a professional Society of physicians and surgeons to diagnose treat and rehabilitate patients with illness and physical disabilities.



Kerala Chapter of IAPMR

The Kerala Chapter of the Indian Association of Physical Medicine and Rehabilitation (IAPMR) is a registered organization of Physiatrists dedicated to the field of Physical Medicine and Rehabilitation (PMR) in Kerala. Our association comprises Modern Medicine doctors who have specialized in PMR through postgraduate qualifications. We are committed to advancing the specialty through education, research and advocacy, ensuring the best possible care and rehabilitation for patients with musculoskeletal ailments and locomotor disabilities.



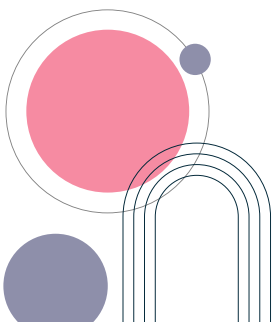
Event Patron

Dr. Azad Moopen

Chairman, Aster DM Healthcare

Dr. Azad Moopen is an Indian healthcare entrepreneur. He is the developer of many healthcare facilities in Asia-Pacific. He is also the chairman and managing director of Aster DM Healthcare, a healthcare conglomerate in the Middle East and India founded in 1987. Starting with a single-doctor clinic in Dubai in 1987, Aster DM Healthcare grew into a global healthcare conglomerate of more than 377 facilities spread across eight countries in a span of 34 years.

Aster DM Healthcare is one of the largest integrated healthcare service providers in the GCC and India. Along with providing medical care to millions across many countries, Aster DM Healthcare now provides direct employment to more than 20,500 people which includes approximately 2,998 doctors and counting.



Organising Committee

Meet the Organising Committee of IAPMR 2026



Dr. K M Mathew

President

Senior Consultant –
Physical Medicine &
Rehabilitation,
Aster Medcity, Kochi



Dr. Sasikumar N

Secretary

Senior Consultant –
Kumar Centre For
Stroke And Neuro
Rehabilitation, Kochi



Dr. Ravi Sankaran

**Chairman
Scientific Committee**

Clinical Professor &
Head of Dept. –
Physical Medicine and
Rehabilitation



Dr. Rajesh. B. Nair

Treasurer

Senior Consultant
Intervention Rehabilita-
tion & Pain Physician
Rajagiri Hospitals &
Nalanda Care



Dr. Muralidharan P C

National President – IAPMR

Prof. Dept. of PMR
Govt. Medical College,
Kozhikode



Dr. Selvan P

State President – IAPMR

Prof. Dept. of PMR
Govt. Medical College
Trivandrum

Organising Committee

IAPMR Office Bearers

Dr. Muralidharan P C
IAPMR National President

Dr. Sanjay Pandey
IAPMR Vice President

Dr. Harshanad Popalwar
IAPMR Secretary

Dr. C. Chetan
IAPMR Treasurer

Dr. Selvan P
IAPMR Kerala President

Scientific Committee - Members

Dr. AK Joy Singh

Dr. Sanjay Pandey

Dr. Abhishek Srivastava

Dr. S Y Kothari

Executive Committee - IAPMRCON 2026

Dr. Santhosh Raghavan

Dr. Sreedevi Menon

Dr. Sreejith K

Dr. Sooraj Rajagopal

Dr. Zachariah T Zacharia

Dr. Sreeja K S

Dr. Shigy Fransis

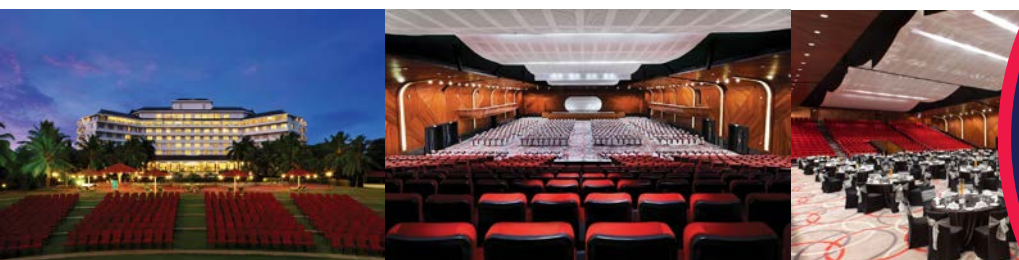
Dr. Charvakan



The Venue

Le Méridien, Kochi

Spread over 18 acres and enveloped on two sides with tranquil backwaters, Le Méridien Kochi majestically enthrones herself at the heart of the Arabian queen, Kochi. The hotel features 223 spacious, guest rooms and suites overlooking the backwaters. The Hotel has 14 banqueting and event venues totaling 65,000 sq ft, with venue capacities varying from 8 to 2,500 guests, thus making Le Méridien Kochi the unparalleled Convention Destination of Kerala. The Hotel is 6 km from the city centre and equally close to the historical Fort Kochi.



Le Méridien, Kochi
Feb, 11 - 14, 2026



Registration

Tariffs for Delegates, Students & Companions

The tariff for registering the IAPMRCON2026 is scheduled in three categories for IAPMR members, PG Students and International Delegates. The detailed tariffs are as follows.

CONFERENCE REGISTRATION TARIFF

IAPMR Members

EARLY BIRD Till 15 th Nov 2025	REGULAR 16 th Nov 2025 - 10 th Feb 2026	SPOT REGN From 11 th Feb 2026	COMPANION
₹ 12000 ^{·GST}	₹ 15000 ^{·GST}	₹ 18000 ^{·GST}	₹ 6000 ^{·GST}
FOR IAPMR MEMBERS	FOR IAPMR MEMBERS	FOR IAPMR MEMBERS	FOR COMPANIONS ONLY
✓ Access to all Events & Venues	✓ Access to all Events & Venues	✓ Access to all Events & Venues	✓ Access to all Events & Venues
✓ Access to all Meals	✓ Access to all Meals	✓ Access to all Meals	✓ Access to all Tour Events
✓ Sea Cruise Dinner on Day 0 with Workshop Regn	✓ Sea Cruise Dinner on Day 0 with Workshop Regn	✓ Sea Cruise Dinner on Day 0 with Workshop Regn	✓ Access to all Meals
✓ Gala Dinner + Exclusive Events	✓ Gala Dinner + Exclusive Events	✓ Gala Dinner + Exclusive Events	✓ Gala Dinner + Exclusive Events

International Delegates

EARLY BIRD Till 15 th Nov 2025	STANDARD From 16 th Nov 2025
\$ 300 ^{·VAT/GST}	\$ 500 ^{·VAT/GST}
INTERNATIONAL DELEGATES	INTERNATIONAL DELEGATES
✓ Access to all Events & Venues	✓ Access to all Events & Venues
✓ Access to all Meals	✓ Access to all Meals
✓ Sea Cruise Dinner on Day 0 with Workshop Regn	✓ Sea Cruise Dinner on Day 0 with Workshop Regn
✓ Gala Dinner + Exclusive Events	✓ Gala Dinner + Exclusive Events

Free delegate registration for physiatrists above 70 years

Workshop Regn Only for Delegates Registered

Price - ₹6000/-

PG Students

PG STUDENTS No Spot Regn. Allowed
₹ 10000 ^{·GST}
PG STUDENTS
✓ Access to all Events & Venues
✓ Access to all Meals
✓ Sea Cruise Dinner on Day 0 with Workshop Regn
✓ Gala Dinner + Exclusive Events

Once registration is over, registered persons can download our app from the play store or apple store and install it to their mobile devices. All future communications will be through this app.

All academic sessions are handled by eminent faculties who have done their research on that particular topic and published it. All sessions are focused on real practical experiences than text book knowledge.

List of Acomodations

Hotels & Locations



THE ARTISTE, KOCHI

Distance From Venue - 1.4 Km

Experience the perfect blend of style, comfort, and convenience at The Artiste Kochi, A Tribute Portfolio Hotel, proudly part of Marriott Bonvoy, located within Forum Mall in Kochi.



LE MÉRIDIEN, KOCHI

The Venue

Style, comfort and sophistication blend effortlessly on 18 acres of lush greenery, surrounded on every side by calming back waters.

Le MERIDIEN



RADISSON BLU HOTEL

Distance From Venue - 5.4 Km

Featuring stylish interiors and a friendly staff committed to providing the best experience possible, the Radisson Blu Kochi stands out as one of the best upper upscale hotels in the city.



BEAUMONDE THE FERN

Distance From Venue - 9.0 Km

Located around 5 minutes by car from Ernakulam Shiva Temple Pond, the 5-star Beaumont The Fern Hotel Kochi includes a swimming pool. Parking is available on site.

BEAUMONDE
THE FERN
AN ECOTEL HOTEL - KOCHI



OLIVE DOWNTOWN

Distance From Venue - 5.4 Km

Located at the city's centre near MG Road, Panampilly Nagar, Marine Drive and Fort Kochi, Olive Downtown offers seamless access to road, rail, and metro, and is just minutes from Lulu Mall.



THE PGS VEDANTA

Distance From Venue - 10.1 Km

Welcome to Vedanta, the premier hotel in Kochi where timeless elegance meets contemporary comfort. Nestled in the heart of this vibrant coastal city of Kochi, our hotel stands as a beacon of refined hospitality and exceptional service.

VEDANTA



JVK PARK HOTEL

Distance From Venue - 2.2 Km

Hotel JVK PARK is the best 4 star hotel in Vyttila, Kochi with an impeccable hallmark for hospitality. Located within Cochin city and provides a perfect destination for luxury and tranquility.



STARLIT SUITES

Distance From Venue - 10.1 Km

Welcome to Starlit Suites, Kochi, a luxurious 9-storey hotel and service apartment located within walking distance of Forum Mall in Maradu, perfectly situated near popular tourist destinations, and corporate travellers.

STARLIT SUITES
APART HOTELS



THE CLASSIK FORT

Distance From Venue - 2.7 Km

Experience warmth and comfort in our intimate hotel, featuring 15 elegantly appointed rooms across Classic Deluxe and Classic Suite categories, available in various bed configurations.



LUXO HOTEL

Distance From Venue - 8.6 Km

Embrace the fusion of work and play at Luxo Hotel, Kochi City, where modern amenities cater to both business and leisure. Ideal for business travelers, families, and leisure seekers.

LUXO
BY TOWNRIDGE HOTELS



BROAD BEAN HOTEL

Distance From Venue - 3.4 Km

Located along NH 47, here you'll discover the best of luxury and convenience at your disposal. Amidst the noise and hustle of the buzzing city, the hotel lets you take a blissful break into warmth and serenity.



IMA HOUSE, COCHIN

Distance From Venue - 8.0 Km

IMA House Cochin is an elegant property inaugurated in the year of 2009. It is the largest of its kind in the entire country, located behind Jawaharlal Nehru International Stadium in Palarivattom Cochin.



Conference Layout

In A Glance

The annual conference will bring to light both established and advanced rehabilitation management protocols in a variety of disorders. The pre-conference workshops conducted by experienced faculty are diverse. The scientific program will consist of lectures on a broad range of topics of interest to rehabilitation physicians, paper presentation and discussions which aim to enhance our understanding of rehabilitation and promote collaboration.

CONFERENCE LAYOUT

DAY - 0 WEDNESDAY	11	9.00 AM - 3.00 PM 4.00 PM ONWARDS	Pre conference workshop Sea Cruise & Dinner
DAY - 1 THURSDAY	12	8.00 AM - 8.30 AM 8.30 AM - 1.00 PM 1.00 PM - 1.30 PM 1.30 PM - 5.30 PM 6.00 PM - 7.00 PM 7.30 PM ONWARDS	Conference Registration Academic Sessions Lunch Academic Sessions Inauguration Ceremony Gala Dinner + Kerala Showcase + Band Show
DAY - 2 FRIDAY	13	8.30 AM - 1.00 PM 1.00 PM - 1.30 PM 1.30 PM - 4.30 PM 4.30 PM - 6.30 PM 7.30 PM ONWARDS	Academic Sessions Lunch Academic Sessions General Body Meeting Gala Dinner + Valentine's Day Events + DJ Night
DAY - 3 SATURDAY	14	8.30 AM - 12.00 PM 12.00 PM - 12.45 PM 1.00 PM ONWARDS	Academic Sessions Quiz Session Closing ceremony and Lunch

The Conference, Academic Sessions, Competitions and the Gala Dinner is spread across 5 Different spaces in the International Convention Centre at Le Méridien, Kochi. Experience the true benchmark event in the history of IAPMRCON!

Pre-conference Workshop Schedule

Day – 0 (Preconference workshop) -- 11/02/2026

Pre conference workshops will be conducted on 11/02/2026 at three locations in and around Kochi. Those who have registered for the IAPMRCON 2026 can apply for the workshops. All workshops start at 9.00 am and ends by 3.00 pm. Lunch and high tea will be provided at the venue. Transportation will be provided from designated locations to the venue at 8.00 am and will be returned at 3.00 pm. All workshops are designed to provide hands on experience; hence the seats are limited. There will be a free cruise dinner and entertainments in the afternoon.

Venues of Pre-conference Workshops



Aster Medicity, Kochi

Aster Medicity is one of South India's largest, most advanced multi-specialty hospitals, offering cutting-edge medical care and personalized treatment with world-class technology. Located along the serene Cheranalloor waterfront, it serves as a global healthcare destination.



Kumar Hospital for Pain & Neurocare

Kumar Hospital for Pain and Neurocare is a specialized center dedicated to the management of pain and neurological disorders. It offers comprehensive diagnosis and advanced Neuro Rehabilitation under expert medical guidance, focusing on improving patient quality of life.



Amrita Institute of Medical Sciences, Kochi

Amrita Institute of Medical Sciences (AIMS) is a premier super-specialty teaching hospital known for excellence in patient care, medical research, and education. It combines advanced medical technology with compassionate service and is recognized internationally for its quality and innovation in healthcare.



Pre-conference Workshop Schedule

Day – 0 (Preconference workshop) -- 11/02/2026

SI No	Workshop Topic	Resource Persons	Venue	Total Seats
1	Prolotherapy	Dr. Dean Reeves Dr. Sasikumar N Panicker Dr. Unnikrishnan R	Kumar Hospital for Pain & Neurocare	15
2	NCS/EMG	Dr. Santhosh K Raghavan Dr. Padmakumar	Kumar Hospital for Pain & Neurocare	15
3	Sono anatomy and Diagnostic USG in PMR	Dr. Shehadad K Dr. Nitesh Gonnade Dr. Raj Kumar	Aster Medcity, Kochi	15
4	Developing a Quality Improvement Project in medicine	Dr. Venugopal Kochiyil	Aster Medcity, Kochi	15
5	Systematic Reviews and Meta analysis	Dr. Chandrashekar Janaki	Aster Medcity, Kochi	15
6	Botox Injections in Spasticity	Dr. Karthik Mani Dr. Abhishek Srivasthava	Aster Medcity, Kochi	15
7	Tetraplegic hand Surgeries in Rehabilitation	Dr. Carina Reinholdt & Team	Amrita Institute of Medical Sciences, Kochi	15
8	Lower limb surgeries in Rehabilitation	Dr. Anil Gaur Dr. Pabitra Sahoo Dr. A K Joy Singh	Amrita Institute of Medical Sciences, Kochi	15
9	Advanced Interventions Under USG Guidance	Dr. Sreejith K Dr. Navita Vyas Dr. Sajeev Sharma	Amrita Institute of Medical Sciences, Kochi	15
10	Posture and Ergonomics in Rehabilitation	Dr. Feroz Khan Dr. Sunder S Dr. Ravi Sankaran	Amrita Institute of Medical Sciences, Kochi	15

DAY 01 - (VENUE 1) OMAN HALL

 Time	Topic	Speaker 
8.30 am to 10.00 am (4 slots of 18 + 2 mins each)	Oncology Rehabilitation	Swatee Jena- c/nr (Speaker's to be Confirmed)
10.00 am to 12.00 pm (6 slots of 18 + 2 mins each)	Neuro Rehabilitation (Stroke, TBI & Neuro degenerative Diseases)	Dr. Ian Baguley- nc/ Prof. (Dr) Anupam Gupta (CNF) Dr.Nitha Dr Sooraj Rajagopal Dr.Suparna Ganguly (CNF)
12.00 pm to 1.00 pm (Single slot of 60 mins)	Invited talk by IFNR on Neuro Rehabilitation.	Nirmal Surya c/nr Abhishek Srivastava c/nr Guhan Ramamurthy c/nr
Lunch Break		
1.30 pm to 4.30 pm (9 slots of 20 mins each)	Pain interventions in Rehabilitation	Dean Reeves- c/nr Steven Faux- c/nr Dr Navta Purohit(CNF) Dr Debashish Jena (CNF) Dr Nitesh Gonnade CNF)
4.30 pm to 5.30 pm (3 slots of 20 mins each)	Rehabilitation of critically ill patients	Dr Nitin Menon (CNF) Dr. Maheswarappa(CNF) Dr.Dhiraj Adiga (CNF)

DAY 01 - (VENUE 2) NAYANAR HALL

 Time	Topic	Speaker 
8.30 am to 10.00 am (4 slots of 18+2 mins each)	Ergonomics PMR in Corporate panel discussion	Dr Sunder Subramanyam (CNF) Molly Madhav Ghatake (CNF) Abhishek Srivatsava (CNF) Dheeraj Adiga (CNF) Maheshwarappa (CNF)
10.00 am to 1.00 pm 9 slots of 18+2 mins each)	Person with disability Act, Rheumatology, Osteoporosis, General Rehabilitation	Prof. (Dr.) Sanjay Wadhwa (CNF) Prof. Dr) Navin Kumar (CNF) Dr. Anjani Kumar (CNF) Prof. (Dr.) Anil Gupta (CNF)
Lunch Break		
1.30 pm to 3.30 pm (6 slots of 18+2 ins each)	Prosthetics, Orthotics, Podiatry Burns Sports rehabilitation	Pooja Mukul- c/nr Dr S.K Jain Rajdeep Ojha Nitha Jayaram c/nr Karthikeyan nc/nr Harleen Uppal c/nr
3.30 pm to 5.30 pm (6 slots of 18+2 mins each)	Pediatric Rehabilitation	Dr Anand Varma Soumya Viswanath unapproached Dr Ritu Majumdar (CNF)

DAY 01 - (VENUE 3) SINI 1

 Time	Topic	Speaker
8.30 am to 04.30 pm (12 slots of 8+2 mins each)	Award paper presentations by Residents	(Speaker's to be confirmed)

DAY 01 - (VENUE 4) SINI 2

 Time	Topic	Speaker 
9.30 am to 11.00 am (Single slots of 90 mins)	Panel Discussion Who on what?	(Speaker's to be Confirmed)
11.00 am to 1.00 pm (12 slots of 8+2 mins each)	Award paper presentations by Residents	(Speaker's to be Confirmed)
Lunch Break		
2.00 pm to 3.30 pm (Single slots of 90 mins)	Panel Discussion Who on what?	(Speaker's to be Confirmed)

DAY 02 - (VENUE 1) OMAN HALL

 Time	Topic	Speaker 
8.30 am to 10.00 am (4 slots of 18 + 2 mins each)	Hand Rehabilitation	Subramanya Iyer- c/no r Ravi Sankaran c/r Carina Reinhault c/nr Pranav Vempati c/no r
10.00 am to 10.45 am (Single slot of 60 mins)	IAPMR Oration	Dr. Manmohan Biswas (CNF)
Tea Break		
11.00 am to 1.00 pm (6 slot of 18+2 mins each)	Spinal Cord Injury Rehabilitation	Prof. (Dr.) Mrinal Joshi (CNF) Prof. (Dr.) Sanjay Kr. Pandey (CNF) Prof. (Dr.) Henry Prakash
Lunch Break		
1.30 pm to 4.30 pm (9 slots of 18+2 mins each)	Recent advancements in Rehabilitation	(Speaker's to be Confirmed)
4.30 pm to 6.30 pm	General Body meeting	N/A

DAY 02 - (VENUE 2) NAYANAR HALL

 Time	Topic	Speaker 
8.30 am to 4.30 pm	Award paper presentations by Faculties	(Speaker's to be confirmed)

DAY 02 - (VENUE 3) SINI 1

Time	Topic	Speaker 
8.30 am to 04.30 pm	Award paper presentations by Residents	(Speaker's to be confirmed)

DAY 02 - (VENUE 4) SINI 2

Time	Topic	Speaker 
8.30 am to 10.00 am (Single slots of 90 mins)	Panel Discussion Who on what?	(Speaker's to be confirmed)
11.00 am to 1.00 pm (8 slots of 13+2 mins each)	Award paper presentations by Faculty	(Speaker's to be confirmed)
Lunch Break		
2.00 pm to 3.30 pm (Single slots of 90 mins)	Panel Discussion Who on what?	(Speaker's to be confirmed)

Meet Our Speakers

Key Note Speakers

Here is a glimpse of our keynote speakers for the event.



Dr. Pradeep Thumbikat

**MBBS, MS, MSc (Orth Eng), FRCS (Glasg)
Honorary Senior Lecturer, Sheffield University**

Dr. Pradeep is a Consultant Surgeon in Spinal Cord Injury Rehabilitation at STEPS Rehabilitation and the Princess Royal Spinal Injuries Centre, which is based at the Northern General Hospital, a part of the Sheffield Teaching Hospitals Trust. His work encompasses all aspects of spinal cord injury management. Areas of special interest include surgical management of pressure ulcers and management of the tetraplegic upper limb. He started his career in orthopaedic surgery but moved sideways into the management of spinal cord injury and spinal cord injury rehabilitation in the early noughties. During his period of training as a registrar, he did a fellowship at the Vancouver General Hospital and a further short period at the Christian Medical college in India, to gain a wider perspective on the management of spinal cord injury around the world.



Dr. Ram Hariharan

**Consultant in Spinal Injuries at the Princess Royal Spinal Injury Centre (PRSiC),
Northern General Hospital, Sheffield**

Dr. Hariharan specialises in rehabilitation medicine. The PRSiC rehabilitation team are highly specialised and experienced in their care and management of SCI patients and practice a realistic and holistic approach to both rehabilitation and resettlement. They work in close collaboration with SIA's Support Network Officer, and Dr. Hariharan has met with key SIA staff to progress the ongoing relationship between SIA and the Centre. Dr. Hariharan has significant research experience in the field of SCI, and has published a number of articles and presentations in this field. He brings a wealth of clinical experience to SIA's Governing Council and fully appreciates the vital role played by SIA in Spinal Cord Injury Centres.



Dr. Abhishek Srivasthava

**Director, Centre for Physical Medicine and Rehabilitation
Consultant in Rehabilitation Medicine, Neuro rehabilitation Specialist)**

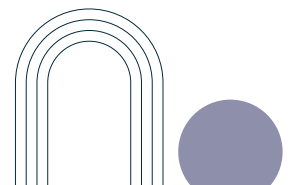
I am a person Taking up Rehabilitation Medicine for my Post graduation in itself is a reflection of compassion and devotion as I deal with differently abled persons and my relationship with my patients is lifelong and it needs commitment. Doing further advance training in Neurological Rehabilitation and further specialization in Management of patients with Disorders of Consciousness, Rehab Robotics and Hyperbaric Oxygen Therapy I have tried to reduce suffering and improve Quality of Life of patients suffering with disorders of consciousness due to brain injury and stroke. Being Director of the Rehab Services, I always work with positive attitude, empathy and patience to contribute towards a good, healthy work environment and a motivated team for the upliftment of patient's outcome.



Dr. Carina Reinholdt

**Senior consultant in hand surgery and HOD, Hand Surgery at The Center for
Advanced Reconstruction of Extremities, Sahlgrenska University Hospital, Sweden**

As senior surgeon in advanced reconstructive hand surgery, the field for research is to further improve surgical procedures and concepts for patients with complex hand and arm injuries, paralysis, spasticity, stroke or spinal cord injury. The main field is innovation and development of tetrahand surgery with combined nerve and tendon transfers and spasticity-correcting surgery, where the strategy is chosen by previous treatment, remaining hand function and cognitive ability.



Meet Our Speakers



Dr. Matthew Bartel

**Professor, Physical Medicine and Rehabilitation,
Albert Einstein College of Medicine, USA.**

Dr. Bartels received his MD and MPH degrees from Columbia University College of Physicians & Surgeons and completed an internship and internal medicine and rehabilitation residencies at New York-Presbyterian/Columbia University Medical Center in New York. Over the years, Dr. Bartels has also been recognized for his commitment to educating future physicians, including those outside of his specialty of rehabilitation medicine. While at Columbia, he served as a clinical mentor to two first-year medical students each year and coordinated research teaching for the Rehabilitation residents. He also participated in lecture series events for fellows in the areas of Cardiology and Pulmonary Medicine, sharing the rehabilitation perspective for each specialty.



Dr. Deen Reeves

Physical medicine and Rehabilitation specialist from Kansas City, USA

Dr. K. Dean Reeves is a physiatrist (specialist in physical medicine and rehabilitation) in the Kansas City area known for his work in regenerative medicine. He is a proponent and leading researcher of prolotherapy, an injection-based treatment used to relieve chronic musculoskeletal pain. Specialty: Physical Medicine and Rehabilitation, with a specialization in pain management using prolotherapy and other injection techniques Dr. Reeves has been in practice for over 20 years and previously served as the Director of Rehabilitation at Meadowbrook Rehab Hospital



Dr. Steven Faux

**MBBSBA, FRACGP, FAFRM (RACP), FFPMANZCA
Specialties: Rehabilitation Medicine, Pain Medicine**

Professor Faux is the Director of the Department of Pain Medicine and the inaugural director of Rehabilitation Medicine at St Vincent's Hospital (2000-2022), Sydney and a conjoint academic at the University of New South Wales and the University of Notre Dame. Doctors refer patients to him with chronic pain, arthritis, stroke, MS, parkinson's disease, long COVID, back and neck pain, joint replacements, fractures, difficulty walking, difficulty with self-care and incontinence. His research interests focus on the management of spasticity, trauma management, refugee health and stroke rehabilitation.



Dr. Maya R Therattil

Assistant Professor at Drexel University College of Medicine, USA

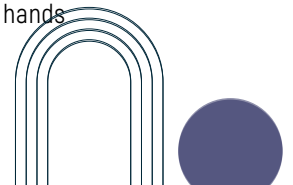
Dr. Maya Therattil is a Medical Educator and Physiatrist at Penn Medicine, Princeton Medical Center, NJ and is affiliated with multiple hospitals in the area, including St. Lawrence Rehabilitation Center and St. Mary Rehabilitation Hospital. She has served as the Pathway Director for PM&R at Drexel University College of Medicine and is passionate about mentoring medical students and other medical professionals in the field of Rehabilitation Medicine. She received her medical degree from St. John's Medical College and has been in practice for 25 years. She specializes in Neuro rehabilitation and Spinal Cord Injury Medicine.



Dr Elizabeth Bradbury

**Professor of Regenerative Medicine & Neuroplasticity
Co-HOD of the Wolfson Sensory, Pain and Regeneration Centre**

My lab is developing regenerative therapies to restore function following devastating injuries to the nervous system, such as a spinal cord injury. We work with gene therapies that break down scar tissue and enable new growth and connections to be made between the spinal cord and muscles that control motor movements. We work with models that are clinically relevant and focus on functions that are high priority for millions of individuals living with lifelong disability, such as recovering use of the hands



Meet Our Speakers



Dr. Subramanya Iyer

MS (Otorhinolaryngology), MCh (Plastic Surgery), FRCS Speciality: Plastic and Reconstructive Surgery

Dr. Subramania Iyer stands as a titan in the realm of surgical innovation and excellence. Having meticulously performed over 40,000+ major surgical procedures and more than 6,000+ free flap surgeries, his mastery in the field is undisputed. Dr. Iyer's accolades include pioneering the first-hand transplants in the country and leading the centre with largest number of composite tissue allotransplants globally, a testament to his groundbreaking contributions. Dr. Iyer's special interests lie in head and neck cancer surgery, secondary reconstruction, laryngeal reinnervation, and cutting-edge techniques like laser and robotic surgery, where he continues to push the boundaries of medical advancement. His contributions in field of medical training are pathbreaking with establishing the first three-year structured training programme in head and neck surgical oncology and India's first and only masters training programme in deglutology and swallowing therapy.



Dr. Suma Badhal

Expert in Physical Medicine Rehabilitation, and Assistive technology for disabilities.

Dr. Suman Badhal has completed her MD in PMR at the age of 29 years from AIIMS New Delhi. She is professor at, VMMC and Safdarjung hospital a tertiary care facility in New Delhi in India. She has published more than 26 papers in reputed journals and chapters in the books. She is editor and contributor for three books and has been serving as reviewer of reputed journals for rehabilitation medicine and Chairman of SIG of cardiac rehabilitation in IAPMR.



Dr. Venu Kochiyil

Consultant Rehabilitation and pain Physician, Adelaide, Australia

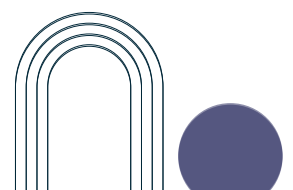
Dr. Kochiyil is a member of The Flinders Pain Group, which is the only multidisciplinary pain medicine group in private practice in South Australia. The Flinders Pain Group offers 'biopsychosocial' pain assessment, diagnosis and management for acute and chronic pain, for cancer patients and non-cancer patients. They welcome specific referrals for: facet joint denervation, epidural steroid block, spinal cord stimulators, intrathecal pump (including for spasticity) chemical lumbar sympathectomy and other specific nerve blocks for chronic pain.



Mr. Pranav Vempati

Founder and CEO of Makers Hive, Forbes 30 Under 30 Asia list

Mr. Pranav Vempati is a thought leader and global speaker known for his insightful contributions to the technology sector. As the Founder and CEO of Makers Hive, Pranav is dedicated to creating innovative technologies that are both advanced and accessible, with a strong commitment to driving positive social change. In 2018, Pranav founded Makers Hive with the mission to make cutting-edge technology accessible to everyone. The company's first product, Kalarm, is India's first and the world's most affordable bionic hand. This groundbreaking innovation has significantly improved the lives of many by providing a functional, cost-effective solution for individuals with limb loss. Pranav and Makers Hive have received several prestigious accolades, including Forbes 30 Under 30 Asia, Forbes Asia 100 to Watch, GQ India's 7 Most Influential Young Indians, and he was shortlisted for One Young World Entrepreneur of the Year Award.



Meet Our Speakers



Dr. Swatee Jena

Consultant Rehabilitation Medicine, Flinders Medical Centre, South Australia

Dr. Swatee Jena is a senior Consultant with a specialized focus on Cancer Rehabilitation. She is the clinical lead in development of Cancer Rehabilitation pathways at Flinders Medical Centre. Dr. Jena serves as the co-chair of the Advocacy sub-committee for Cancer Rehabilitation Special Interest Group with the International Society of Physical Medicine and Rehabilitation Medicine. She is involved with activities towards advancing awareness of Cancer Rehabilitation and its incorporation into comprehensive cancer care. Dr. Jena is actively involved with teaching and mentoring of Medical Students as a clinical lecturer and learning coach at Flinders University.



Dr. Pooja Mukul

Consultant & Physician on Locomotor Disability in the Developing World.

Dr. Pooja Mukul is an Indian rehabilitation medicine physician and Director of the Jaipur Foot Organization, a major provider of artificial limbs for people with disabilities. She is known for designing affordable, user-centric prosthetics, leading humanitarian missions to provide limbs in conflict-affected regions, and focusing on the unique needs of amputees in developing countries. Dr. Mukul has an M.D. in Rehabilitation Medicine, allowing her to cater to a range of musculoskeletal, paralytic and developmental pediatric disorders.



Dr. Ian Baguley

Rehabilitation Physician OAM MBBS FAFRM (RACP)

Prof. Baguley is a Consultant Physician in Rehabilitation Medicine. His areas of special interest are Neurological Rehabilitation, Spasticity Management, Orthopaedic Rehabilitation. He has published over 70 original articles in peer-reviewed journals. Prof. Baguley is a regularly invited speaker at national and international scientific meetings.



Dr. Rajdeep Ojha, PhD

Prof. of Bioengineering in PMR at Center for Advanced Technology Enabled Rehabilitation (CATER), Dept. of PMR, Christian Medical College, Vellore

Dr. Rajdeep Ojha is a specialist in Rehabilitation Engineering at the Centre for Advanced Technology Enabled Rehabilitation (CATER), Department of Physical Medicine and Rehabilitation, Christian Medical College, Vellore. His research focuses on developing affordable technological solutions for individuals with spinal cord injury, stroke, and cerebral palsy, with several of his innovations progressing toward clinical application and patenting. He leads the Cognitiometry Lab studying brain activity in disorders of consciousness and contributes significantly to movement analysis and biomechanics research. A recipient of multiple government grants, Dr. Ojha holds five patents, numerous publications, and serves as a mentor, guest faculty, and collaborator with leading international universities and research institutes.



The Benchmark

IAPMRCON 2026, 12 - 14 February | 2026

From Day - 0 (Pre conference workshop) onwards, all evenings are packed with cultural events, food and beverages. Apart from that the accompanying persons will be given guided tour to Kochi – Muziris Biennale, Duch heritages, beaches, shopping destinations and a lavish lunch in a hybrid air-conditioned boat on Vembanad Lake.



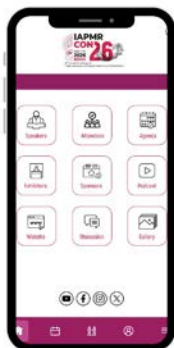
Prize Money

First time in the history of IAPMRCON with an exclusive Prize Money of Rs.5,15,000/-

An additional exclusive one time gift of Rs. 50,000 for the first prize winners, Rs. 30,000 for the second prize winners and Rs. 20,000 for the third prize winners of different competitions held as part of the conference along with a surprise gift for the best couple dancers on 13th February eve.

Event Podcast

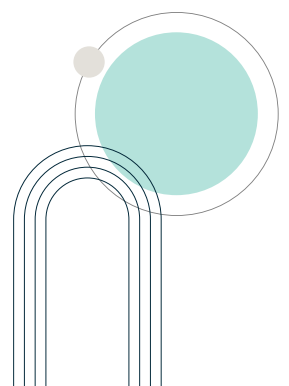
A unique podcast table for those who wish to share something on Physical Medicine and Rehabilitation will be arranged at conference venue.



Dedicated Event App

Get interactive and organised with our dedicated event app to schedule your programs, build networking, meet the exhibitors & sponsors, download your gallery and lot more.

There will be one day charity event at Kochi to spread awareness about Physical Medicine and Rehabilitation among public. This will be happening in the month of January, in association with road safety awareness, with public participation.



Quick Links

IAPMRCON 2026

Hello Delegates Here are the quick links for your convenience.

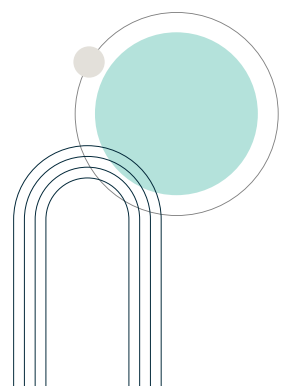


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The Conference Manager

Anquist Business Consulting Pvt Ltd

Anquist Business Consulting is a global business, financial, and marketing consultancy that provides comprehensive start-up and expansion support to enterprises across broad and diverse industries. The firm is equipped with well-experienced and renowned professionals, industry experts, and business leaders, enabling us to deliver integrated solutions that combine insight, strategy, and execution—helping clients achieve sustainable growth and lasting value.

With over 12 years of experience in multiple verticals, Anquist has evolved into a trusted global consultancy with specialized divisions for branding and marketing under “Brand Vadhyar”, and events and experimental marketing with our “Cocube.Events” title. Our team’s collective expertise allows us to adapt and deliver results that take advantage of dynamic business environments worldwide.

Having started as a company that understands the challenges of entrepreneurship, Anquist has mentored and incubated numerous ventures, helping them establish strong foundations, build scalable structures, streamline operations, and manage finances effectively. Our strategic mentors and industry experts guide clients to start, grow, and expand their businesses with us.

At the core of Anquist’s philosophy lies the belief that success is built on Intent, Involvement, and Impact. We go beyond consultancy to create meaningful partnerships—bridging business ambition with strategic execution. With an unwavering commitment to integrity, innovation, and client success, Anquist stands as a trusted global ally for organizations striving to reach their full potential while maintaining their unique identity and values.



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